

# Peer Support Whole Health Training



*“The Peer Support Whole Health training is designed to increase the participant’s belief in their own ability to improve their overall health”.*

Ike Powell, Director of Training for ACG

A peer-driven plan for system transformation in which a provider helps a peer self-manage a “total/whole health” approach to wellness.

This research based program was designed to transform its trained clinical and especially peer work force to promote holistic recovery to offset the premature death of public sector mental health consumers.

A peer chooses and records a health goal in an individual service plan that can be a part of treatment plan, a recovery goal, a community service goal, a support group goal or a family goal.

**Date:** August 25, 2010

**Hours:** 10:00—3:00

Lunch (1/2 hour) will be provided by NAZCARE

**Location:** NARBHA @ 1300 S. Yale St., Flagstaff  
This training is available over telemed.

**RSVP:** Amy at [amy.ehrenreich@narbha.org](mailto:amy.ehrenreich@narbha.org) or 928-214-2200